



## Enhancing power systems with renewable energy sources via frequency regulation

Shilpa. Dhananjay Joshi<sup>1</sup>, Dr. Vijayalaxmi Biradar<sup>2</sup>, Dr. Manoj. R. Tarambale<sup>3</sup>

<sup>1</sup> Research Scholar, Department of Electrical Engineering, Kalinga University, Raipur, Chhattisgarh, India

<sup>2</sup> Research Guide, Department of Electrical Engineering, Kalinga University, Raipur, Chhattisgarh, India

<sup>3</sup> Research Co Guide, Electrical Engineering, PVG's and GKP(W) IOM, Pune, Maharashtra, India

### Abstract

A crucial tactic for attaining sustainable, low-carbon power generation is the incorporation of renewable energy sources (RES) into contemporary power systems. Power system stability relies on frequency management, which is made more difficult by the intermittent and unpredictable character of renewable energy sources (RES) including wind, solar, and small-scale hydro. When there is an imbalance between generation and load, frequency deviations arise. In grids that are dominated by renewable energy sources, the lower inertia makes these oscillations much worse. Using sophisticated control algorithms, energy storage devices, and hybrid generation models that combine RES with conventional sources, this research discusses approaches for improving frequency regulation. Fast frequency response is addressed by battery energy storage, flywheels, and supercapacitors; demand-side management and predictive control methods that use real-time data for proactive regulation are also covered. Furthermore, optimization strategies, such as AI-based approaches and model predictive control, are investigated for their ability to enhance system resilience. Case studies show how frequency support methods and coordinated RES integration may maximize renewable use and improve grid dependability. Stable frequency maintenance in future smart grids with significant renewable penetration requires a multi-layered strategy that combines hardware solutions, intelligent control, and regulatory frameworks. This is emphasized by the findings. The continuous shift towards power systems that are cleaner and more durable is aided by this effort.

**Keywords:** Enhancing, power systems, renewable energy, frequency regulation

### Introduction

Power stations are the main sources of atmospheric carbon dioxide. Moreover, this surpasses the total of all previous documented emissions of this gas. There may be serious consequences resulting from the exploitation of natural gas and coal. Renewable energy sources reduce reliance on expensive imported fuels, boost energy security, and lower the likelihood of power outages. One way to help keep Earth's natural resources intact is to power our energy needs using renewable sources (Rajapandiyam, A. 2021). The utilization of renewable energy sources to produce power has expanded substantially over the past few years due to the fact that it is both environmentally friendly and cost-effective. Nevertheless, the production of renewable energy sources such as wind and photovoltaic (PV) sun varies during the day. But it's hard to know this limit with certainty. A fine balance between supply and demand is required since the periods at which these sources change vary from seconds to minutes to hours. Power networks are getting more complicated due to new concepts and increased usage of renewable resources. Frequency regulation is now more important than ever before due to the effects on power system frequency. India pledged to achieve a one-third reduction in pollution concentration and to generate at least 40% of its power from renewable sources as part of the Paris Climate Agreement (Monica, M. 2021).

Producing 100 GW of solar electricity and 60 GW of wind power will bring the total generation capacity up to 175 GW, an ambitious target set for 2022. In order to make power systems more stable as Distributed Generation (DG) becomes more prevalent, researchers have been studying this subject. Following the integration of a great number of variable sources into the grid, an enhanced load frequency

controller is required for tie-line power and system frequency maintenance (Li, S. 2020). For LFC to keep things steady, they need to reduce frequency deviation and tie-line power variations.

Meeting the necessary dispatch criteria and maintaining zero steady-state errors in the connected areas are the primary objectives of the LFC. A power system's frequency and tie-line power variations result from a power demand that is not uniform. No matter the load, the electrical grid can only remain stable if the frequency stays inside a restricted band. Load frequency control (LFC) aims to keep the interconnected power system's frequency and tie-line power at normal levels and to balance total electrical power production with total demand (Singh Parmar, B. 2020). The two main characteristics that define LFC are the frequency deviation and the tie-line power deviation. Changes in the demand for or supply of electricity in one area have a domino effect on the system's frequency and tie-line power. When generation, load, and system losses are in sync, an interconnected power system can only operate well. A power system's operating point changes due to loads that are always changing. While maintaining frequency and voltage within the set tolerance, an ideal interconnected power system would be able to manage demand variations and provide a satisfactory level of power quality (Schimp. 2021).

### Electrical Power System Forms

Modern civilization as we know it today is dependent on machines with artificial intelligence. People are now subordinate to intelligent machines since their involvement is no longer necessary for many activities. All parts of life, from individuals to society as a whole, now include it. All machinery, no matter how sophisticated, need electricity in

order to operate. As a result, machinery is both reliant on and subservient to electricity. Thus, "Electricity" may be said to be the highest authority. Electricity cannot exist without the electrical power grid. A number of mechanical and electrical components work together to make the gadget what it is. Each part has its own unique internal dynamics that can improve or hinder the system's overall performance. Power grids are complex systems that must be carefully monitored to ensure safe functioning. The aggregate conductivity of the linked electrical devices may be visible from time to time. The already complicated nature of electric power networks is made even more so by their extensive geographical reach. Modern energy systems are notoriously complicated due to the difficulties in analysis and control. The system is being overworked and understrained due to rising power demands and the lack of long-term contracts, which in turn reduces supply security and lowers quality.

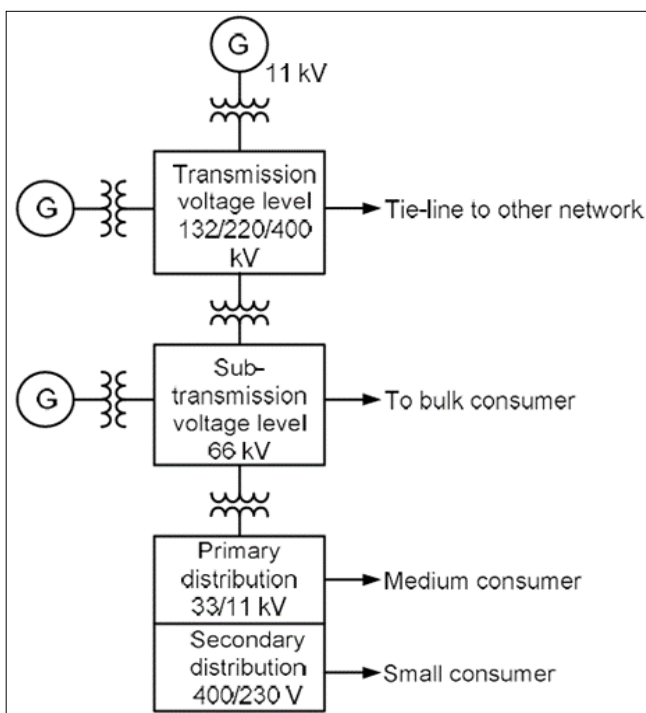


Fig 1: Structure of an interconnected power system

The standard voltage in India is eleven kilovolts (kV). In order to carry electrical power more effectively, the voltage is raised to 132/220/400 kV. The voltage is then lowered to 66 kV (sub-transmission voltage level)/33 kV (main distribution voltage level) in order to provide industrial loads with electricity. To accommodate the electrical power demands of small-scale businesses and residential consumers, the voltage is once again lowered to 11 kV for main distribution and even more stepped down to 400 V for secondary distribution. The layout of an Indian electrical system is shown in Figure 1. Hydroelectric power from high-head water, coal combustion, nuclear fuel, natural gas, and oil make up a large share of the total electrical energy. Renewable energy sources like solar, wind, biomass, geothermal, tidal, etc., account for the small percentage of total energy that is not produced by traditional power plants.

### Distributed Generation

In To successfully reduce environmental harm, we must use renewable energy sources to meet the growing demand for

electrical power. The main source of emissions of greenhouse gases is the generation of electricity. Emissions from this source alone exceed those from all other known sources of this gas. However, both coal mining and gas production have significant environmental repercussions. Energy stability is increased and dependence on foreign fuels is lowered via the use of renewable energy, which allows for the growth of energy sources and the reliable supply of power. We can keep our natural resources intact by powering our energy needs with renewable sources. The environmental benefits and lack of fuel costs associated with electricity generation from renewable sources are driving a dramatic increase in their use. But because their output varies over time, most renewable energy sources are considered variable generation sources. This includes wind power and photovoltaic (PV) solar electricity. Nevertheless, it is not possible to calculate the precise value of this limit with any degree of accuracy.

A balanced relationship between power production and consumption is required since the sources are unpredictable during short, medium, and long time periods. An increasing number of renewable resources and novel concepts are adding complexity to power systems. Regulation of frequency is necessary since it affects the frequency of power systems. By 2030, India aims to have cut emissions by one-third and gotten 40% of its power from renewable sources, as stated in its Paris Climate Agreement goal. Renewable energy capacity of 175 GW was targeted for 2015 as an objective. About 60 GW of wind power and 100 GW of solar electricity were a part of this. Power system operators face a number of challenges as a result of Distributed Generation's (DG) incorporation into the grid. Consequently, studies have started looking at this to make the system more stable. Power grid integration of several intermittent energy sources requires an advanced load frequency controller. This controller is in charge of maintaining a constant power flow between the various grid components and controlling the system frequency in the face of variations in the load and energy sources. To keep things steady, LFC (Load Frequency Control) is required to lessen frequency variations and tie-line power fluctuations.

### Load Frequency Control (LFC)

There are three separate tiers of control that are used to implement Automatic Generation Control (AGC). Using speed governors as control devices is the main control technique. In the event of a sudden shift in the workload, the speed governor leaps into action to make the necessary adjustments. To achieve the target nominal frequency, secondary control modifies the outputs of individual generators. It also ensures that the chosen locations will have a constant supply of power. Using economic dispatch to regulate the production of electricity is an example of tertiary control. It is possible to restore security levels if necessary. The main function of the speed governor connected to each generator is to regulate the speed if there is a change in the distribution of loads in the power system. Restoring system frequency in a multi-area power system cannot be achieved only through primary control. That is why secondary control is so important for keeping the system frequency stable. The newly minted acronym LFC also describes this.

Meeting the necessary dispatch criteria and preventing steady-state errors in the connected areas are the primary objectives of the LFC. Frequency and tie-line power are

both affected by the non-uniform and unpredictable load demand in a power system. No matter the load demand, keeping the frequency within a certain range is critical for power system stability. Load frequency control's (LFC) principal aims in the linked power grid are dual.

- Making sure that all electrical power generation is proportional to total electrical demand.
- Maintaining the nominal values of the frequency and tie-line power without interruption.

Power departure from the tie-line and frequency deviation are the two main metrics associated with Load Frequency Control (LFC). Any change in demand or supply at one point in a networked power system will have a knock-on effect on the frequency and tie line power everywhere else. The optimal operation of a connected power grid depends on keeping the total power generation equal to the total power demand from consumers, all while accounting for system losses. Because different loads have different characteristics, the operating point of a power system is always changing. Ensuring that frequency and voltage stay within the prescribed tolerance limits, successfully controlling load variations, and maintaining a suitable level of power quality are all essential capabilities of an ideal linked power system.

**Optimization Techniques**

Using its mathematical model, which is limited by many constraints, optimization seeks to maximize positive factors (such as efficiency and quality) while minimizing or eliminating negative variables (such as energy loss and cost, among others). Mathematical problems arise in every branch of engineering. It is necessary to build several solutions to solve the many optimization issues that occur. Algorithm efficiency, numerical simulator accuracy and efficiency, and problem-specific algorithm selection are the three main factors in simulation-driven optimization and modeling. There aren't enough rules or guidelines to deal with these problems, even if they're important. While we aim to use the best methods available, there are a number of factors that affect an algorithm's performance, including the programs.

Specific implementation details, as well as information on the underlying processes and relevant data (such as objective functions and their derivatives), are being requested by the user. The effectiveness of a solution is more complicated since it depends on the numerical methods used and the severity of the challenge. Optimization methods can be either deterministic or stochastic. A deterministic algorithm is one that operates in a consistent and predictable way, free from chance. If two algorithms start from the same place, they will both arrive to the same result.

Two well-known examples of deterministic algorithms are downhill simplex and hill climbing. Even when started from the same starting state, the method can frequently provide different results with each run if randomization is part of the strategy. Any algorithm, including genetic algorithms, that uses a random restart is considered stochastic. A comprehensive examination of stochastic algorithms allows us to determine the particular kind of randomness employed by each approach. For example, the simplest and, in many cases, best technique is to simply add a random beginning point to a deterministic algorithm. This approach works wonderfully in most cases and is simple to implement in

real-world scenarios. A heuristic or metaheuristic algorithm, which uses randomization inside its separate pieces, is a complicated approach to introduce uncertainty.

**Power Station Control**

There are major disturbances in the power system, which causes power fluctuations. Isolation interrupts the continuous supply of power to the malfunctioning part of the power system if this condition continues for a long time. There can be major problems with the linked parts if the defective system is not located and fixed quickly. The optimal operation of the power system is guaranteed by effective control, which in turn guarantees that customers will have a constant and uninterrupted supply of electricity. Increasing the system's response time and eliminating steady-state error in the presence of disturbances cannot be achieved just by the LFC loop and the AVR loop, as previously stated. Therefore, auxiliary controllers like a Load Frequency Control (LFC) and an Automatic Voltage Regulator (AVR) are required to guarantee the power system's faultless operation in both normal operating situations and abnormal ones. It is the job of a regulator to compare the regulated plant's output to a target value and then take the appropriate control action to get the divergence as close to zero as quickly as possible. When disturbances such power generation and load demand mismatches are present, this thesis uses Fuzzy-PID and Proportional-Integral-Derivative (PID) controllers in the Load Frequency Control (LFC) loop to keep the power system frequency as low as feasible. Using several controllers is an alternate strategy for lowering transient instability. To keep a large, linked grid running smoothly within a certain range, it is common practice to equip the system with controllers that execute a predetermined action on a regular basis. For the most part, these controllers work by using the feedback principle. The automated voltage regulator keeps the produced output voltage where it should be, while the load frequency controller keeps the generator's speed where it should be. These controllers can bring the system back to a stable condition in the event of major interruptions, although there can be some lingering problems. The difference between control and stability is stated clearly.

**Table 1:** Difference between stability and control

Stability	Control
The power system can maintain synchronism when subjected to certain disturbances.	It is the power system's action to bring it back to the nominal operating state.
Stability is guaranteed if the power system returns to the original or nearby original state in the absence of any command actions.	Requires automatic regulators such as governor and voltage regulator.
Generally, it is the unlocked loop characteristics of the grid.	It is the close-loop characteristics of the grid.

The aforementioned controllers are enhanced with advanced controllers such as PI, PID, multistage PID, Fuzzy-PID, adaptive fuzzy PID, robust, optimal, and power electronics-based controllers to remove steady-state error and improve system response time. Proper synchronization and calibration of these controllers is essential for achieving a high level of reliability, efficacy, and quick response from the power system. Here we see how system control differs from system stability. The system must keep synchronization regardless of the signals' size or kind of

disturbance. Control actions aren't generally thought of while discussing stability. But they do have a big impact when it comes to control. Concerns related to unpredictability In most cases, the open-loop characteristics are considered. In the case of control actions, this method was not used since only the closed-loop characteristics, which include a feedback loop, were considered. Using the reference input and error signal, this particular process

exhibits remarkable performance. Figure 2 shows the precise control mechanisms that must be put in place to maintain a constant frequency in the event that the load's demand for power exceeds the power generation. We are thinking about two types of operations: steady-state and transient. Internal transients and external transients are the two most common causes of transient operation.

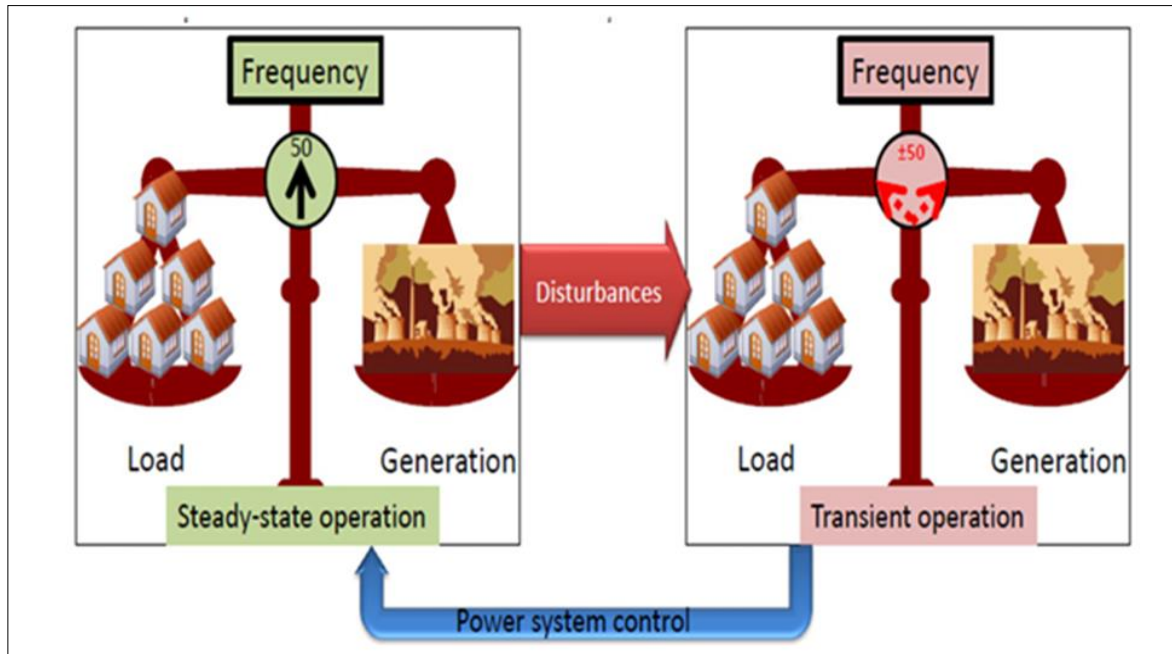


Fig 2: Need for power system controller to maintain nominal frequency

The turning on and off of breaker panels and other electrical appliances in the home causes internal transients. Natural variables that are outside the control of individuals conducting operations are the only ones that may be considered external causes. These transient occurrences usually affect transmission lines irrespective of the voltage levels. The associated equipment is vulnerable to the traveling wave that these transients produce. The features of these waves, which display oscillatory motion, are

affected by the kind of transmission line, whether it open-ended or short-circuited. When the demand for the load increases, the system frequency decreases and vice versa. A suitable feedback control action that modifies the generating units' power generation in reaction to variations in power demands is thus required to maintain synchronism. The goal of the command strategy is to keep the grid's voltage and frequency within reasonable limits while efficiently generating and distributing electrical power in a complicated power system.

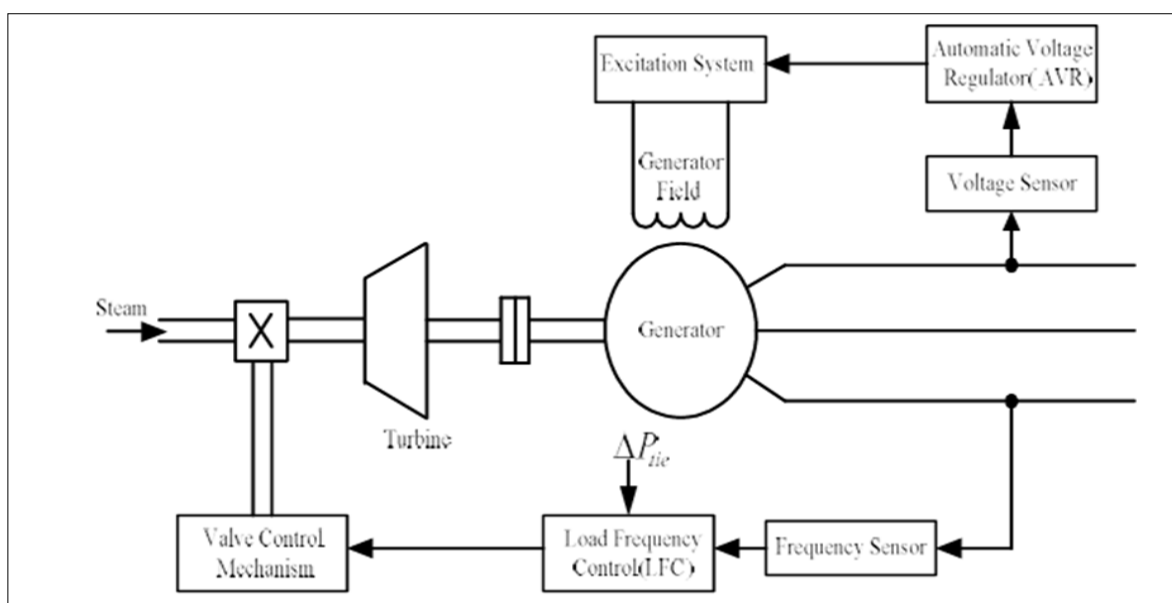


Fig 3: Schematic layout of LFC & AVR loop of a turbo-alternator

Therefore, the frequency of the power station is affected by the actual power exchange. Nevertheless, the magnitude of the system voltage is also affected by changes in reactive power. That being said, one may control the power system's frequency and voltage magnitude separately. You can see the basic layout of the LFC and AVR loops in Figure 3. For the purpose of clarity and convenience, System Steadiness is divided into three categories. Stability of Voltage, Stability of Frequency, and Stability of Rotor Angle are the three components. The focus of this project is on maintaining a constant frequency. When a system is able to recover from a disturbance and return to its initial frequency value, we say that it is frequency stable. This is made possible in the Electrical Power System by including a control mechanism called Automatic Generation Control (AGC) or Automatic Load Frequency Control (ALFC).

### Conclusion

To guarantee the stability, dependability, and sustainability of current energy networks, it is essential to improve power systems that use renewable energy sources by effectively regulating frequencies. Due to their intermittent and non-dispatchable character, variable renewable energy sources (RES) like wind and solar are becoming more prevalent. This poses issues in terms of power quality and frequency variances. To reduce the impact of these variations and keep the grid stable, smart control algorithms, demand-side management, and rapid energy storage devices are some of the advanced frequency regulation solutions that may be put into place. Rapid frequency support is possible with technologies like flywheels, supercapacitors, and battery energy storage; resilience is enhanced with coordinated management with conventional generating units. In addition, proactive frequency management is made possible by well-predicted renewable generation and load demand thanks to the integration of AI and predictive analytics. A stable and equitable power supply may be achieved through the use of hybrid renewable systems that combine adaptable generation with storage. A cleaner, more sustainable energy future is within reach with the help of efficient frequency regulation, which facilitates the smooth integration of RES while simultaneously decreasing emissions of greenhouse gases and our reliance on fossil fuels. As a result, in this age of renewable energy, it is an essential component of contemporary power system design and operation.

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